

Calm & Quiet (A Weaned Child)

Douglas Yates — inspired by Psalm 131 • Key: Bb major • 70 BPM • 4/4

Chords transcribed from the audio. Public domain (CC0 1.0) — free for any church. Placement approximate; verify by ear.

INTRO

Bb **F**
hush now, hush, my soul,

Gm **Eb** **Bb**
lay it down, lay it low

VERSE 1

Bb **Bb** **F**
Lord, my heart is not so proud,
F **Gm** **Eb**
my eyes no longer climb so high;
Bb **F** **Eb**
the things too great, too deep for me,
F **Eb** **Bb**
I lay them down and let them lie

CHORUS

Bb **Cm**
I have quieted my soul,
Bb **Bb** **Dm** **Cm**
like a weaned child on its mother, still and low;
F **Bb**
I am not reaching anymore,
Eb **Bb** **Bb**
I am only resting, only Yours —
F **Gm**
I have quieted my soul

VERSE 2

Eb **Bb** **Bb**
no more crying for the milk,
F **Bb** **F**
no longer to hunger or fret;

F Bb F
not reaching, not grasping, just held —
Bb Eb Dm
and even so is my soul

CHORUS

Cm F
I have quieted my soul,
Bb Bb Gm Dm
like a weaned child on its mother, still and low;
Eb Bb
I am not reaching anymore,
Dm Gm Dm Dm
I am only resting, only Yours —
F Bb
I have quieted my soul

BRIDGE

Bb Bb Gm
O Israel, hope in the Lord,
Cm Bb
from this night, forevermore;
Bb Bb Eb
hope in Him, and hope in Him,
Bb F Gm
be still, and know Him sure

OUTRO

Eb Bb
hush now... hush, my soul...
Bb Bb
I have quieted my soul